



## POST-OPERATIVE CARE INSTRUCTIONS



Take Medicines Prescribed by Dr with food or as Advised, take stool softner if necessary



Eat a healthy diet and drink plenty of non-alcoholic and non-caffeinated drinks, its critical to stay hydrated for painless bowel movement



Do not operate any machinery, or lift any heavy articles after Surgery



Rest for a few days after the surgery is advisable, but keep mobile. The more you keep yourself mobile, pain will be get reduce when you walk slowly



Take Warm Sitz-bath to reduce the pain

Follow-up with Dr Pradeep Shriyan after period of 10 Days





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### SYMPTOMS WHICH NEEDS SPECIAL ATTENTION

Call or Visit Dr Pradeep Shriyan if you face following symptoms after Surgery



Increased drainage from the incision (Operated area)



Increased redness around the operated area



Large amount of swelling under the wound



Foul odour from operated area



Sudden calf pain or shortness of breath

